

Sport and Leisure

Want to let off some steam? Whether you wish to participate or just spectate there are a multitude of sporting activities to get stuck into in Farnham.

Cycling

Accessible for all ages, abilities and competitive levels Farnham offers budding and professional cyclists and spectators everything they need. Equipment at [East Street Cycles](#) and [Hoops Velo](#) , exciting routes nearby, [Farnham Road Club](#) to join and events such as the annual [Farnham Charity Bike Ride](#). For your free [Surrey cycle guide](#) or pop into [Farnham library](#) for a paper copy.

Swimming

Looking for a splash around, lessons or lanes for a serious workout, Farnham has a number of excellent indoor swimming pools to choose from. [Farnham Leisure Centre](#) offers two public swimming pools, lessons for all ages and abilities plus aqua classes. Both [Nuffield Health](#) and [David Lloyd](#) also have swimming pools for club members.

If you want to take it up a level [Farnham Swimming Club](#) is one of the oldest in the country having started in 1893.

Rugby

[Farnham Rugby Club](#) has a strong emphasis on the local community, with 24 teams to choose from! Four very successful men's teams; girls' teams, youth teams and minis. Past players include Jonny Wilkinson and Peter Richards who played for the winning English World Cup team in 2003.

Golf clubs

The Farnham countryside is ideal for golf, with the nearest course located in the north of [Farnham Park](#), five minutes walk from the castle. A par 3, nine hole, course to stay in practice with a cafe for partners and the park next door for children. [Farnham Golf Club](#) was founded in 1896 on the outskirts of the town in The Sands and boasts a testing but rewarding course amongst parkland, pine and heather. Visitors are welcome.

Other golf clubs:

[Hankley Common Golf Club](#), with its open qualifying course.

[Blacknest Golf & Country Club](#)

[Oak Park Golf Club](#), Crondall .

Running

The surrounding heath and common landscape is perfect for running. Farnham now hosts the cross country [Pilgrims Marathon](#) once a year and other races such the Woodland Woogle 6-10k in Seale. However, if you are looking for more structure and companions try a local running club, such as Farnham Runners with their Alice Holt Forest races in September www.farnham-runners.org.uk or Blackwater Valley Runners, email: secretary@bvrunners.org.uk.

Football

Founded in 1906, the [Farnham Town football club](#) has a first team, seven academy

teams, a ladies' team and minis. Why not support the local team at a home match off West Street. Tel: 01252 715305.

Many of Farnham's villages have historic football clubs with very active teams. [Badshot Lea football club](#). was initially formed in 1907 and now has approximately 30 teams.

Cricket

[Farnham Cricket Club](#) is one of the oldest clubs in the country. Founded in 1782, the club maintains a site adjacent to the castle in Farnham and one in Crondall. With several teams playing each Saturday and Sunday they always welcome visitors who enjoy cricket. Tel: 01252 714860

Other local cricket clubs include:

[Badshot Lea Cricket Club](#)

[Rowledge Cricket Club](#)

Hale Cricket Club.

Angling

Farnham has a wide diversity of fisheries to cater for the needs of the fish and anglers. Founded in 1906, [Farnham Angling Society](#) is one of the oldest and most successful angling societies in England and members enjoy fishing in over 32 ponds, lakes and stretches of river including Frensham Great and Little Pond and the River Wey. For more information tel: 01252 320871

Skateparks

["Narm" Skatepark](#) is located in front of the Farnham Leisure Centre and was rebuilt in 2013 to cater for beginners to experts of all ages.

Sailing

Sailing is available for all abilities with a vibrant sailability section, on the beautiful Frensham Great Pond; however you must be a member of the [Frensham Pond Sailing Club](#). Tel: 01252 792859

Sports Centre

[Farnham's public leisure centre](#). The central Farnham site offers visitors access to almost every sport – swimming, dance and exercise classes, group cycling, trampolining and fencing.

Private Gyms

In addition to the gym at Farnham leisure centre, [David Lloyd](#) or [Nuffield Health](#) offer top quality facilities and expertise, with luxurious health spa treatments and rooms, children's classes and delicious eating options.

Skiing

[Alpine Snowsports Centre](#), Aldershot

Whether you're skiing, snowboarding or donutting, young or old, learning skills or fine tuning them; with three slopes, each with their own lift and mist system, you can enjoy the thrill of a speedy descent, within ten minutes drive of Farnham.

Bowling

Looking to play a friendly match or enter into a more competitive league?

Central Farnham and the surrounding villages of Rowledge and Seale and the Sands have a number of bowling clubs to join, play with and enjoy a nice tea!

Hockey

Aldershot and Farnham Hockey Club are a thriving club now putting out 30 teams and hosting almost 350 juniors at their weekly Sunday Hockey Academy. They are England Hockey Clubs First accredited and are based both at Heath End School, Farnham and the Army Hockey Centre, Aldershot. See the website for summer camps and joining.

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