MACMILLAN CANCER SUPPORT

NHS

Macmillan Community Cancer Navigators
Drop in Events

There will be regular "DROP-IN" sessions held at the Health Centres below. Anyone who would like to speak to a Macmillan Community Cancer Navigator can simply pop in for a chat.

They can help direct patients to over 600 local groups and facilities that can help support people to live well with and beyond cancer.

Why not call in?

Surrey Heath House, Knoll Rd, Camberley GU15 3HD 10th January 10.00-12.00 7th and 14th February 10.00-12.00 6th and 13th March 10.00-12.00	**Fleet Hospital - Café** 3rd and 10th January 13.00-15.00 7th and 14th February 13.00-15.00 6th and 13th March 13.00-15.00
Farnham Hospital and Centre for Health - Quiet Area 3rd and 10th January 10.00-12.00 7th and 14th February 10.00-12.00 6th and 13th March 10.00-12.00	**Yateley Medical Centre Health Education Room** 10th January 13.00-15.00 7th and 14th February 13.00-15.00 6th and 13th March 13.00-15.00

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Surrey Heath Events

Camberley Health Centre, 159 Frimley Road, Camberley, Surrey, GU15 1QA

Dealing with Fatigue	21 November 2019 14.00-16.00
Psychological Support/Manging Stress	22 January 2020 10.30-12.30

North East Hants Events

Aldershot Centre for Health, Hospital Hill, Aldershot, Hampshire, GU11 1AY

Dealing with Fatigue	23 January 2020 10.00-12.00
Psychological Support/Manging Stress	13 February 2020 10.30-12.30

Farnham Events

Farnham Hospital and Centre for Health, Hale Road, Farnham, Surrey, GU9 9QL

Dealing with Fatigue	27 February 2020 10.00-12.00
Psychological Support/Manging Stress	11 March 2020 10.30-12.30

To book your place please call the

Macmillan Community Cancer Navigators

on **01483 782056** or email **vcl.macmillancancernavigator@nhs.net**

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