

Social Prescription 2019

DAY	AM	LUNCH TIME	PM	EVENING
MON	Brightwells Gostrey - Activities 9.30am - 12.00noon	Brightwells Gostrey 12.00noon - 1.00pm	Brightwells Gostrey - Activities 1.00pm - 2.30pm	*The Spire Church - Bereavement 7.00pm - 8.30pm
MON	Sunflower Cafe - Right at Home 10am - 12.00noon	*Farnham ASSIST - Ladies & ASSIST Pie & Pint	*St Andrews Church - Knit & Natter 1.00pm - 2.30pm	
MON		*Farnham ASSIST - Pie & Pint	Farnham Maltings - Singing for the Mind 1.30pm - 3.00pm	
MON			*St Joan's - Club Tea	
MON			Sports Centre - Strength & Balance 2.15pm - 3.15pm	
TUE	Brightwells Gostrey - Activities 9.30am - 12.00noon	Brightwells Gostrey 12.00noon - 1.00pm	Brightwells Gostrey - Bingo 1.00pm - 2.30pm	Alzheimer Cafe 6.30pm - 9.00pm
TUE	St Thomas on the Bourne - Coffee 10.30am - 11.30am		Sports Centre - Over 50's Sport 1.30pm - 4.00pm	
TUE	St George's Badshot Lea - Connections 10.30am - 11.30am			
WED	Brightwells Gostrey - Activities 9.30am - 12.00noon	Brightwells Gostrey - Activities 12.00noon - 1.00pm	Brightwells Gostrey - Activities 1.00pm - 2.30pm	Maltings - Knitwits 8.00pm - 10.00pm
WED	Hale Bungalow - Games 10.00am - 11.30am		*Farnham Maltings - Rebourne 2.00pm - 4.00pm	
WED	St Martin's - Coffee 10.30am - 11.30am		Hale Bungalow - Craft Club 1.00pm - 3.00pm	
WED				Weydon Christian Centre 6.30pm-9.00pm
THUR	Brightwells Gostrey - Activities 9.30am - 12.00	Brightwells Gostrey 12.00noon - 1.00pm	Brightwells Gostrey - Bingo 1.00pm - 2.30	
THUR	St Mark's - Hale - Coffee 9.30am - 12.00	*Farnham Baptist Church - Friendship 12.30am	*St Thomas Bourne - Stitch 2.00pm - 4.00pm	
THUR			Sports Centre - Strength/Balance 1.45pm - 2.45	

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FRI	Brightwells Gostrey - Activities 9.30am - 12.00noon	Brightwells Gostrey - Activities 12.00noon - 1.00pm	Sports Centre - Strength/Balance 1.45pm - 2.45pm	
FRI		Sports Centre - Dance Fit 12.00pm - 1.00pm		
SAT	St Andrew's - Women's Breakfast	* Farnham ASSIST - Hale Lunch		
SUN		* Farnham ASSIST - Lunch	* Contact the Elderly - Tea	
SUN		* St Joan's - Lunch 12.30pm		

See website for more details: www.farnham.gov.uk/social-prescription